

T.L.A. February Menu 2022...MENU SUBJECT TO CHANGE...1-2 Year Old 4 oz Whole Milk
3-5 Year Old 6 oz. Milk (WG)...Whole Grain

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
B		Cheerios (WG), Bananas Raisins, Milk1%	Pancake(WG) Milk 1% Raisins, Applesauce	French Toast(WG) Yogurt Pears Milk1%	Bagel (WG) Bananas Milk1% Cream Cheese
L		Turkey Meatball, Celery Crackers(WG) Peaches Milk1%	Chicken Nuggets(WG) Broccoli,, Roll (WG) Milk1% Peaches	Cheese Quesadilla (WG), Black Beans, Mango, Milk 1%	Turkey on Wheat,(WG) Hash Browns Oranges Milk1%
S		Graham Crackers(WG) Blueberry, Water	Animals Crackers (WG), blueberry, water	Graham Crackers (WG) Apples Water	Sunchips(WG) Cheese Stick Water
	7	8	9	10	11
B	Kix(WG) Pears Milk1% Raisins	Waffles(WG) Peaches Raisins, Milk1%	Cheerios (WG) Banana Raisins Milk1%	Pancake(WG) Pears Milk1%, yogurt	French Toast (WG), mixed fruit yogurt, milk1%
L	Chicken & (WG) Rice Green Beans Milk1%	Ground Beef Spaghetti (WG) Carrots Oranges Milk1%	Mac(WG) & Cheese Green Beans Pineapple Milk1%	Ground Beef, Pasta (WG) Peas, peaches, Milk 1%	Grilled Cheese on Wheat (WG), Hash Brown, Pineapple, Milk1%
S	Cheez-it(WG) Blueberry Water	Goldfish(WG) Apples Water	Ritz(WG) Cheese Cubes, Water	animal crackers (WG), Mixed Fruit Water	Pretzel (WG), Cheese Cubes, Water
	13	14	15	16	17
B	Kix(WG), Bananas, Milk1%, cheese stick	Bagel, (WG) Cream Cheese, Pears, Milk1%	Cheerios(WG) Bananas, Raisins, Milk1%	Pancake(WG) Peaches, Milk1%, Yogurt	French Toast(WG), Pear,s Cheese Stick, Milk 1%
L	Turkey, Crackers (WG), Carrots, Pineapple, Milk1%	Grilled Cheese (WG), Broccoli, Peaches Milk1%	Chicken Nuggets(WG) Corn, Bread(WG), Mixed, Fruit, Milk1%	Chicken & Rice(WG) Peas, Oranges, Milk1%	Quesadilla (WG), Black Beans, Mango, Milk1%
S	Cheez-it, (WG) Blueberry, Water	Animal Crackers, (WG) Raspberries, Water	Graham Cracker(WG) Blueberry Water	Ritz Crackers(WG) Apples Water	Cheez-it (WG) Oranges Water
	20	21	22	23	24
B	Cheerios(WG) String Cheese, Pears, milk1%	Bagel(WG) Cream Cheese, Pineapple, Milk1%	Kx(WG) Raisins, Cheese Stick, Milk1%	French Toast, (WG) Pears, Yogurt, Milk1%	Pancake(WG) Bananas, Cheese Stick Milk1%
L	Chicken & Rice(WG) Peas Oranges, Milk1%	Mac(WG) & Cheese Green Beans, Mixed Fruit, Milk1%	Turkey & On Wheat(WG) Carrots, Peches, Milk1%	Spaghetti, (WG) ground beef, broccoli crackers(WG) peaches, milk1%	Chicken Nuggets (WG), Hash Brown, Mixed Fruit, Pineapple, Bread (WG) Milk1%
S	Doughnuts, (WG) Apples Water	Cheez-its, (WG) Mixed Fruit, Water	Ritz(WG) & Cheese Water	Animal Crackers (WG), Oranges, Water	Graham Crackers(WG) Raspberries, Water
	27	28			
B	Cheese Toast(WG) yogurt, pears, milk1%	Bagel(WG) W/ Cream Cheese, Mixed Fruit Milk1%			
L	Turkey Meatball carrots, pineapple crackers(WG) milk1%	Mac (WG), cheese green beans, oranges, milk1%			
S	graham crackers(WG) apples, water	Sunchips(WG), string cheese, water			

